

Las Sendas Up Close

Bringing neighbors closer to their community

June 2012

Trailhead Lifestyle Division Offers Excellent Summer Activities

By AnnElise Makin

This summer, boredom won't stand a chance in Las Sendas, with the Trailhead Lifestyle Division and Athletics departments adding a whole new set of activity programs for school-age youth.

This summer they offer three well-rounded sports camps.

"This is not your everyday camp, and not a daycare, but an excellent opportunity to introduce children to several recreational sports," Lifestyle Director Jennifer Graffice said. "The sessions are so well mixed, we are hoping the kids will have a blast, as well as become more fitness-oriented."

The two-week-long Sports Camp sessions, three in all, include lessons in golf, tennis, swimming, fitness and other beneficial skills across the healthy lifestyle spectrum. All activities will be taught by professional community instructors, such as tennis pro Lori Thornton-Williams. Swim lesson segments will be covered by City of Mesa staff.

"With our summer Sports Camp, we wanted to introduce children to activities that raise their lifestyle and increase the quality of our programming," Assistant Lifestyle Director Kristha Lima pointed out.

Aside from raising the bar for service and quality at the Las Sendas Lifestyle Division, Jennifer and Kristha were hoping the fitness benefit would stick with the kids. A good camp experience could interest a young sports enthusiast in continuing a wellness-oriented lifestyle.

"Here at Las Sendas, we have so many programs to offer as the next step," Jennifer said with a smile. Ongoing

through the summer, several dance classes—jazz, tap, hip hop—will be part of the selection.

"For the youngest dancers," Jennifer pointed out, "children ages 4 to 6, we offer the Summer Fairies class, taught by the studio Eight-Count Dance." As always, Infant Swimming Resource's Becky Harris will provide survival training in the pool to the very youngest, starting at 6 months old.

"Don't forget our community health seminars," Kristha added. "These continue to draw a good crowd of wellness-interested people." Overall, the farmers markets and Concerts in the Park—two more scheduled for the fall—had become real crowd pleasers during the spring season.

"In the summer, we work especially hard to provide attractions or enrichment for all ages," Jennifer stated. Thus there will be a babysitting class for interested teens. Even better, a Dive In Movie Night is set for June 15, at a pool near you. Can you guess? Yes, at the Trailhead Members Club.

Sure, Las Sendas is still in Arizona. Naturally, the heat will be on. But with a cornucopia of cool activities around the Trailhead Members Club, this summer is sure to be enjoyable. ■

To find out more about the sports camps and the other programs listed in the Trailhead Members Club magazine, or to sign up for a class, call Jennifer or Kristha, from the Lifestyle Division, at (480) 832-6900. Send an e-mail to Jennifer at jgraffice@thetrailhead.org, or to Kristha at klima@thetrailhead.org.



DESERT ROSE PRESCHOOL will host anniversary reunion

By Rose Buttitta

I would like to have a 10-year reunion with all the past Desert Rose Preschool at Las Sendas students.

We will have a big party, at the Trailhead Parke, on June 2, with lots of fun things to do, such as jumping houses, popcorn, snow cones, face painting, balloon art and much more. I ask everyone to pass the word to friends. I will try to contact a lot of the past students. This is a once in a lifetime event to have all my students from the past 10 years reunited.

The reunion will start at 10 a.m. and run until noon on Aug. 18. Please pass the word. Let me know how many are attending. Call me at (480) 654-4223, or send an e-mail to jbuttitta@cox.net. If you would like to make a donation, it will be used toward the party. ■



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